

Self-Advocacy Course 1 (20 hours)

Hours	Curriculum Components	Contract Elements *	Delivery Method	Curriculum Resources	Weekly Deliverables	Course Deliverable (Due by end of course)
Incorporated throughout all weeks	Learning to Self-Advocate <ul style="list-style-type: none"> • Communication 		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion 	<ul style="list-style-type: none"> • ME! Curriculum <ul style="list-style-type: none"> ○ http://www.ou.edu/education/centers-and-partnerships/zarrow/trasition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html ○ http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20units%20combined.pdf (Unit 5) • Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Module 1) 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
2	Defining Self-Advocacy		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion 	<ul style="list-style-type: none"> • Me! Curriculum <ul style="list-style-type: none"> ○ http://www.ou.edu/education/centers-and-partnerships/zarrow/trasition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html ○ http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20units%20combined.pdf (Unit 1) • NCWD Youth National Collaborative on Workforce and Disability (NCWD) Youth http://www.ncwd-youth.info/tip-sheet/becoming-a-self-advocate 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
5	Self-Awareness (profile) <ul style="list-style-type: none"> • Knowledge, Skills/Abilities (KSAs) • Strengths • Challenges • Preferences 		Assessment <ul style="list-style-type: none"> • Learning Style Inventory • Skills/Abilities/Aptitude • Interviews • Observations • Vocational Assessments 	<ul style="list-style-type: none"> • Stepping Forward http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf (Chapter 1) • National Collaborative on Workforce and Disability (NCWD) Youth http://www.ncwd-youth.info/ilp/how-to-guide/section-1/self-exploration#selfexploration • ME! Curriculum 	<ul style="list-style-type: none"> • Assessment results • Curriculum worksheets • Reflection Journal (entry) 	

	<ul style="list-style-type: none"> Needs (Services, Supports, Accommodations) Interests 		<ul style="list-style-type: none"> Work Readiness Assessment Situational Assessments 	<ul style="list-style-type: none"> http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20units%20combined.pdf (Unit 6) 		
5	Self-Awareness Project or Portfolio Development		Facilitated Student Workshop	Outcomes from Week 2		Self-Awareness Project or Portfolio
2	Understanding Your Rights <ul style="list-style-type: none"> Secondary - IDEA Postsecondary - ADA 		<ul style="list-style-type: none"> Lecture Presentation Discussion 	<ul style="list-style-type: none"> NCWD Youth http://www.ncwd-youth.info/411-on-disability-disclosure ME! Curriculum <ul style="list-style-type: none"> http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20units%20combined.pdf (Unit 4) 	<ul style="list-style-type: none"> Curriculum worksheets Reflection Journal (entry) 	
3	Setting (SMART) Goals <ul style="list-style-type: none"> Employment Academic to support employment Personal care Social/Emotional 		<ul style="list-style-type: none"> Lecture Presentation Discussion Facilitated Student Workshop 	<ul style="list-style-type: none"> http://www.mcas.k12.in.us/Page/4813 Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Module 3) 	<ul style="list-style-type: none"> Curriculum worksheets Reflection Journal (entry) 	
3	Developing an Action Plan		<ul style="list-style-type: none"> Lecture Presentation Facilitated Student Workshop 	<ul style="list-style-type: none"> Choice-Maker Self-Determination http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum/choicemaker-self-determination-materials.html Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Modules 7 and 8) 	<ul style="list-style-type: none"> Curriculum worksheets or Self-Advocacy Plan Reflection Journal (entry) 	
Provided at	Self-Advocacy Resources in the Community			<ul style="list-style-type: none"> http://www.employmentfirstfl.org/sites/employmentfirstfl.org/files/files/EFF%20Recruiting%20Self-Advocates_2015.pdf 		

end of course						
End of Course Deliverables						
<ul style="list-style-type: none"> • Completed Reflection Journal with weekly entries noted • Completed Self-Awareness Project or Portfolio 						

*Currently, this is not a contracted service. This would be completed when and if it becomes part of the master contract.

Self-Advocacy Course 2 (25 hours)

Hours	Curriculum Components	Contract Elements *	Delivery Method	Curriculum Resources	Weekly Deliverables	Course Deliverable (Due by end of course)
Incorporated through out all weeks	Learning to Self-Advocate <ul style="list-style-type: none"> • Communication 		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion 	<ul style="list-style-type: none"> • ME! Curriculum (Continuation) <ul style="list-style-type: none"> ○ http://www.ou.edu/education/centers-and-partnerships/zarrow/trasition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html ○ http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20Units%20combined.pdf (Unit 5) • Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Module 1) 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
2	Defining Self-Determination		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion 	<ul style="list-style-type: none"> • Choice Maker Self-Determination Curriculum http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum.html • FYI Transition http://www.fyitransition.org/Minicourses/selfdetermination/selfdetermination.html • https://www.youtube.com/watch?v=RfX4QFMgb3k 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
2	Identifying Your Self-Determination Skill Set		Assessments	<ul style="list-style-type: none"> • Choice Maker Self-Determination http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-assessment-tools.html 	<ul style="list-style-type: none"> • Assessment results • Curriculum worksheets 	

					<ul style="list-style-type: none"> • Reflection Journal (entry) 	
1	Setting (SMART) Goals <ul style="list-style-type: none"> • Self-Determination 		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion • Facilitated Student Workshop 	<ul style="list-style-type: none"> • Choice Maker Self-Determination http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum/choicemaker-self-determination-materials.html 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
1	Developing an Action Plan <ul style="list-style-type: none"> • Self-Determination 		<ul style="list-style-type: none"> • Lecture • Presentation • Facilitated Student Workshop 	<ul style="list-style-type: none"> • Choice-Maker Self-Determination http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum/choicemaker-self-determination-materials.html • Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Modules 7 and 8) 	<ul style="list-style-type: none"> • Curriculum worksheets or updated Self-Advocacy Plan • Reflection Journal (entry) 	
4	Determining Reasonable Accommodations (learning, instruction, assessment, environmental, behavioral for Employment Success		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion • Facilitated Student Workshop 	<ul style="list-style-type: none"> • Stepping Forward http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf (Chapter 2.2) • Job Accommodation Network https://askjan.org/indiv/index.htm 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	
5	Becoming Career Ready <ul style="list-style-type: none"> • Career Planning • Career Preparation • Community Connections • Available resources 		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion • Facilitated Student Workshop 	<ul style="list-style-type: none"> • O'Net Resource Center http://www.onetcenter.org/product.html • NCWD Youth http://www.ncwd-youth.info/ilp/how-to-guide/section-1/career-planning-and-management/job-search-skills • Stepping Forward http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf (Chapter 3) • Overcoming Obstacles https://www.overcomingobstacles.org/portal/curriculum/highschool (registration required) (Module 9) 	<ul style="list-style-type: none"> • Curriculum worksheets • Reflection Journal (entry) 	Professional Portfolio (See below for portfolio expectations)
5	Learning to Self-Advocate		<ul style="list-style-type: none"> • Lecture • Presentation • Discussion 	<ul style="list-style-type: none"> • ME! Curriculum <ul style="list-style-type: none"> ◦ http://www.ou.edu/education/centers-and-partnerships/zarrow/trasition-education- 	<ul style="list-style-type: none"> • Curriculum worksheets 	

	<ul style="list-style-type: none"> Advocating for MY Needs 			<ul style="list-style-type: none"> <ul style="list-style-type: none"> materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html http://www.ou.edu/content/dam/Education/zarrow/me/Me%20copyright/rev.Me%20all%20units%20combined.pdf (Unit 7) Stepping Forward http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf (Chapter 2) 	<ul style="list-style-type: none"> Reflection Journal (entry) Self-Advocacy Plan 	
5	Summative Assessment Preparation		Facilitated Student Workshop	Self-Awareness Project/Portfolio and Professional Portfolio	Reflection Journal (entry)	Summative Assessment
Provided at end of course	Self-Advocacy Resources in the Community			<ul style="list-style-type: none"> http://www.employmentfirstfl.org/sites/employmentfirstfl.org/files/files/EFF%20Recruiting%20Self-Advocates_2015.pdf 		

End of Course Deliverables

- Completed Reflection Journal with weekly entries noted
- Completed Professional Portfolio (*Required items, remainder should be included if applicable/available)
 - *Resume
 - Cover Letter
 - *Skill evidence (may include pictures of students engaged in work) OR
 - Work samples
 - *Letter(s) of Recommendation
 - High School Diploma
 - Licenses/Certifications
- Summative Assessment – Students participates in a mock interview able to
 - Effectively communicate:
 - KSAs
 - Needs including necessary accommodations for success
 - Employment Goals
 - Effectively present:
 - Professional Portfolio
 - Is able to effectively respond to interviewer questions about:
 - KSAs
 - Needs including necessary accommodations for success
 - Employment Goals

*Currently, this is not a contracted service. This would be completed when and if it becomes part of the master contract.

Curriculum Sources:

Me! Curriculum – © 2015 Board of Regents of the University of Oklahoma

Choice Maker Self-Determination Lesson Materials – University of Oklahoma

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